



Social Thinking™ Groups

WHAT IS SOCIAL THINKING?:

Social Thinking Groups are designed to teach foundation Social Thinking skills. Social Thinking is required before the development of social skills. Successful Social Thinkers consider the points of view, emotions, thoughts, beliefs, prior knowledge, and intentions of others - this is usually referred to as “perspective taking.” This is, for most of us, an intuitive process.

WHO SHOULD CONSIDER PARTICIPATING?:

Most individuals have a diagnose of either Non-Verbal Learning Disorder or an Autism Spectrum Disorder such as Autism or Asperger’s Syndrome; other individuals do not have a specific diagnosis. The primary presenting concern is that the individual has “difficulty sharing space effectively.”

WHAT HAPPENS IN A SOCIAL THINKING GROUP?:

After an initial evaluation, the individual may join a small group of people who are similar in age and perspective taking level. Each group will consist of a structured, fun, and engaging lesson targeting a particular skill, a less structured conversation and/or play time to practice the skills followed by feedback from the instructor. The remaining ten minutes of the group time will consist of parent/significant other feedback to encourage generalization of skills between meetings.

GETTING STARTED:

Start by completing the Social Thinking Group referral form on our webpage under the “Forms” tab. Submit the referral form via email, fax, or mail and the evaluation will be scheduled. Groups are currently being held on Tuesday, Wednesday, or Thursday late afternoons and evenings at the office of Autism Behavioral Consulting. Appropriate group placement will be determined after the evaluation is complete. Each session lasts 10 weeks and individuals are encouraged to commit to two or more sessions. An individual may join a group that is already in progress.

CONTACT INFORMATION:

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